

West Shore Waves

U5, U6 & U8 Game Rules

U5 & U6	U8
• Two 20-minute halves • 5-minute halftime • Play 3v3 (or 4v4 if a team has more than 6 players). • The home team (white jerseys) will provide a parent volunteer to serve as the referee.	• Two 22-minute halves • 5-minute halftime • Play 5v5 • A goal arc is marked in front of each goal. Defensive players may not position themselves inside the arc, but may enter it when the ball or an attacking player enters the area. • A referee will be provided whenever possible. If an official referee is unavailable, the home team (white jerseys) will provide a parent volunteer to serve as the referee.

General Rules (U5–U8)

Game Play

- No corner kicks or goal kicks.
- Goals may not be scored directly from the kickoff.
- All sideline restarts are throw-ins.
- There are no throw-ins from the end lines.
- All penalty kicks are indirect free kicks and are taken from the corner of the penalty area closest to the location of the offense.

Equipment & Player Safety

- A size 3 soccer ball is used for all U5–U8 games.
- Shin guards are required.
- No jewelry (including earrings) or hard hair accessories (such as hard barrettes) are permitted.

Spectators

- The team sideline is reserved for coaches and players only. Please help keep this area clear throughout the game.